



CALIFORNIA BARBER STYLING
PRACTICAL EXAMINATION

CANDIDATE INFORMATION BULLETIN

Please visit www.barbercosmo.ca.gov for the most current bulletin prior to testing.

The National Barber Styling Practical Examination is the licensure examination for Barber Stylists, which is developed by the National-Interstate Council of State Boards of Cosmetology (NIC).

This bulletin contains IMPORTANT INFORMATION regarding the NIC National Barber Styling Practical Examination content and administration.

PLEASE REVIEW ALL INFORMATION CAREFULLY!

IMPORTANT INSTRUCTIONS

- All candidates must present a current valid government issued photographic identification for admittance to the examination. Acceptable forms of identification are as follow: photographic driver license (any state), state identification card (issued by the state Department of Motor Vehicles (any state), U.S. military identification, unexpired valid passport – any country, Permanent Resident Card, U.S. Immigration and Naturalization issued identification.
- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. Picture ID is required for re-entry into examination.
- Candidates are required to bring a kit for their own use.
 - It is the candidate's responsibility to make certain they have a sufficient quantity of supplies that have been properly cleaned and disinfected and that implements are in proper working order.
 - The kit will be used during the examination as dry storage and is considered part of the work area. **The kit must be kept closed** (e.g., completely zipped or lid tightly closed) except when removing materials for a particular service.
 - Candidates may remove items, supplies, etc., from the kit at any time, however nothing may be returned to the kit.
- Candidates are evaluated at all times. Continue working until you have completed the entire section or time has elapsed.
- The verbal instructions will be read twice for each section of the examination.
 - With the exception of verbal instructions, the proctors and examiners are not allowed to communicate with candidates.
 - If you have an emergency situation, please notify the proctor or examiner.
- Candidates will be given time to set up the universal (also known as general) supplies that they will use for the examination.
- Each section of the examination has a maximum time allowance, except for those specified as untimed sections.
 - Once you have completed all tasks in the section please step back to indicate that you are finished.
 - In the event that all candidates complete the section before the time has elapsed, the examiners will proceed to the next section of the examination.
 - If the timer goes off, you must stop working and step back.

- During all phases of the examination, candidates must follow all appropriate public protection and infection control procedures and maintain a safe work area.
 - In the event of a blood exposure, candidates will be expected to follow the NIC Health and Safety Standards. Failure to do so may result in your dismissal from the examination.
 - *Be sure to check the Board’s website to obtain the most current version of, and any addendums, to the NIC Health and Safety Standards.*
 - **If a candidate does not follow infection control procedures or allows the work area to become and remain unsafe, the result may be a failing score for the examination.**
- The following provides examples of materials and actions that are prohibited during the examination administration:
 - Possession of cellular phones, pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
 - Exhibiting disruptive behavior.
 - Communicating to other candidates or any examiner.
 - *The above referenced items or actions are not an exhaustive list. Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in your immediate dismissal from the examination and your actions reported to the proper authorities.*
- **All supplies must be labeled in English.** When an original manufacturer's label is required, there can be NO handwritten or any other type of labeling. Original manufacturers’ labels must be in English but may also include other languages. All non-manufacturer created labels must be in English only.
 - Original manufacturer’s labels are required for certain products such as disinfectants and hand sanitizers.
 - An EPA-registered, hospital-grade disinfectant that demonstrates bactericidal, fungicidal, and virucidal properties must be used. Please refer to the “Suggested Examination Supplies” section to see specific requirements for supplies and products.
 - Simulated products are NOT allowed for disinfectants and hand sanitizers.
 - No aerosols are allowed in the testing environment.
 - There is a section titled “Suggested Examination Supplies” provided following the “Content Domains” section of this bulletin.

MANNEQUIN(S)

California Barber candidates are required to use a mannequin head(s) for all services required on the practical examination. It is suggested that barber candidates bring at least 2 mannequin heads to do all of the services required.

It is the candidates’ responsibility to appear at the practical examination with their mannequin head(s) and tripod (width of the base must be 29” or less).

NOTE: Mannequin heads that are premarked or presectioned are NOT allowed for any part of the practical examination.

SPECIAL ATTENTION!

The following information is vital and specific to the
National Barber Styling Practical Examination:

- Candidates will be evaluated on proper designation of materials that are disposed. You are required to bring and use the following supplies for the appropriate disposal of materials:
 - Container labeled “to be disinfected”
 - Container labeled “soiled linens”
 - Container labeled “trash”
- The Shaving with a Straight Razor section is UNTIMED.
- For the Haircutting section, the candidate is expected to complete a tapered haircut using shears and clippers, **with AND without guards**.
- The Virgin Hair Lightening and Hair Color Retouch section of the examination is 20 minutes consisting of two 10-minute segments.
- The Chemical Relaxing, Virgin and Retouch section of the examination is 20 minutes consisting of two 10-minute segments.

**BARBER STYLING PRACTICAL
EXAMINATION CONTENT DOMAIN SECTIONS**

The list below reflects services that will be administered on the National Barber Practical Examination. These services are based on the national job analysis.

1. Set Up and Client Protection (10 minutes)
2. Haircutting (30 minutes)
3. Shaving with a Straight Razor (Untimed)
4. Basic Facial (10 minutes)
5. Blow Dry Styling (15 minutes)
6. Thermal Curling (10 minutes)
7. Chemical Waving (20 minutes)
8. Virgin Hair Lightening and Hair Color Retouch (20 minutes, Two 10-minute segments)
9. Chemical Relaxing, Virgin and Retouch (20 minutes, Two 10-minute segments)

Administration of these sections will be in the order outlined above.

**BARBER STYLING PRACTICAL EXAMINATION TASK LINES
AND VERBAL INSTRUCTIONS**

1. SET UP AND CLIENT PROTECTION (10 minutes)

Verbal Instructions: Read to all candidates:

“You will now set up the general supplies that you will use throughout your examination.”

“You will also set up supplies to perform a haircut.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin set up.”*

Candidates will be evaluated on the following tasks:

- 1.1 Disinfects all work areas completely with product labeled in English (manufacturer’s label) as EPA-registered, hospital-grade disinfectant
- 1.2 Sanitizes hands **PRIOR** to setting up work area
- 1.3 Sets up work area with supplies labeled in English
- 1.4 Sets up implements that are visibly clean and sanitary
- 1.5 Uses neck strip or towel and applies drape for haircut
- 1.6 Practices infection control procedures safely throughout set up
- 1.7 Maintains work area in a safe manner throughout set up
- 1.8 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

2. HAIRCUTTING (30 minutes)

Verbal Instructions: Read to all candidates:

“You will now perform the haircutting section of this examination.”

“You will complete a tapered haircut using clippers with and without guards and shears.”

“You will be expected to complete and blend the haircut.”

“Please do not sweep the hair from the floor until you are instructed to do so.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 30 minutes to complete this section.”

“You will be informed when you have 15 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 2.1 Sanitizes hands **PRIOR** to starting haircut
- 2.2 Uses clipper and comb **without** guard to perform a tapered haircut below the occipital bone (nape) with no blocked line
- 2.3 Uses clippers **with** guard to perform a tapered haircut from the front of the ear to the parietal ridge
- 2.4 Uses comb and shears to perform haircut above the parietal ridge and on the top of the head
- 2.5 Establishes outline around ears and sides of neck that follows natural hairline
- 2.6 Handles shears safely at all times
- 2.7 Handles clippers safely at all times

Verbal Instructions: Read to each candidate individually after all candidates have stepped back to indicate that they have completed the haircut or the timing has elapsed:

“May I please use your comb to check your haircut?”

- 2.8 Hair in front of ear (sideburns) is uniform in length
- 2.9 Haircut blended evenly **without** weight line
- 2.10 At least ½ inch of hair is cut throughout

Verbal Instructions: Read to each candidate individually after checking their haircut:

“You may clean up only your hair at this time.”

- 2.11 Removes hair clippings from skin, drape, and work area
- 2.12 Removes hair from floor completely
- 2.13 Maintains neck strip or towel and drape for protection throughout service
- 2.14 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section
- 2.15 Practices infection control procedures safely throughout service
- 2.16 Maintains work area in a safe manner throughout service

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

3. SHAVING WITH A STRAIGHT RAZOR (Untimed)

Verbal Instructions for Set Up: Read to all candidates:

“You have 2 minutes to remove the supplies from your kit for the shaving with a straight razor section of this examination.”

“Do not begin any procedures until the verbal instructions have been read and you are instructed to begin.”

“Step back to indicate you have finished.”

“You may begin set up.”

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Verbal Instructions:

“You will now perform the shaving with a straight razor section of this examination.”

“You will drape your mannequin for the shave.”

“You will prepare the face for shaving by lathering and steaming.”

“Please step back to indicate you are ready to demonstrate the shave.”

“You will be instructed individually when to remove the towel, re-lather, and begin the shave.”

“Do not remove the steam towel or demonstrate any strokes until instructed.”

“You will be observed for client protection, safety and infection control procedures.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 3.1 Sets up implements that are visibly clean and sanitary
- 3.2 Sets up work area with supplies labeled in English
- 3.3 Sanitizes hands to include wrist
- 3.4 Applies drape across front of model covering shoulders but not touching the skin of the neck
- 3.5 Applies towel securely by tucking into neckband
- 3.6 Places residue towel across chest/shoulder area
- 3.7 Lathers beard and mustache area using a circular motion with cushion of fingers evenly and safely
- 3.8 Wrings wet steam towel thoroughly, tests temperature of wet steam towel on inside of wrist, and applies steam towel around face folding ends over forehead and leaving nostrils exposed

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate they have completed their preparation. Please do nothing until instructed individually by the examiner.”

Verbal Instructions: Read to each candidate individually:

“Please remove the steam towel, re-lather, and demonstrate the first 5 shaving strokes.”

- 3.9 Removes steam towel and lather together in a continuous motion
- 3.10 Re-lathers beard and mustache area using a circular motion with cushion of fingers safely
- 3.11 Uses freehand stroke in areas 1, 3, and 4
- 3.12 Holds straight razor in correct freehand position with palm facing toward model/mannequin safely while shaving
- 3.13 Uses backhand stroke in area 2
- 3.14 Holds straight razor in correct backhand position with palm facing away from model/mannequin safely
- 3.15 Uses reverse freehand stroke in area 5
- 3.16 Holds straight razor in correct reverse freehand position with palm facing toward model/mannequin safely

Verbal Instructions: Read to each candidate individually after first 5 strokes are evaluated:

“Please complete your shave at this time.”

- 3.17 Keeps stretching hand dry and lather-free to prevent slipping
- 3.18 Strokes straight razor at 20°- 40° angle
- 3.19 Performs shaving stroke(s) with leading point of straight razor safely
- 3.20 Completes the shave. Wrings wet steam towel thoroughly, tests temperature of wet steam towel on inside of wrist, and applies steam towel to remove all residue
- 3.21 Applies toner or astringent safely
- 3.22 Maintains drape for protection throughout service
- 3.23 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section
- 3.24 Practices infection control procedures safely throughout service
- 3.25 Maintains work area in a safe manner throughout service

Verbal Instructions: Read to each candidate individually after they have completed the shave:

“Please step back and wait for further instruction.”

Verbal Instructions: – Read when all examiners have graded the shave:

“All examiners have indicated they have completed their assessment.”

4. BASIC FACIAL (10 minutes)

Verbal Instructions for Set Up: Read to all candidates:

“You have 2 minutes to remove the supplies from your kit for the basic facial section of this examination.”

“Do not begin any procedures until the verbal instructions have been read and you are instructed to begin.”

“Step back to indicate you have finished.”

“You may begin set up.”

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed.”

Verbal Instructions: Read to entire group if the timer goes off before all candidates have stepped back:

“Please stop working.”

Verbal Instructions:

“You will now perform the basic facial section of this examination.”

“You will prepare your mannequin for the service.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 4.1 Sets up implements that are visibly clean and sanitary
- 4.2 Sets up work area with supplies labeled in English
- 4.3 Sanitizes hands **PRIOR** to draping
- 4.4 Applies hair drape to secure hair away from face
- 4.5 Re-sanitizes hands to include wrist

- 4.6 Removes cleanser from container using infection control procedures
- 4.7 Cleanses entire face safely
- 4.8 Wrings wet steam towel thoroughly, tests temperature of wet steam towel on inside of wrist, and removes all cleanser using steam towel safely
- 4.9 Removes massage product from container using infection control procedures
- 4.10 Distributes massage product over face
- 4.11 Demonstrates massage while maintaining continuous contact
- 4.12 Wrings wet steam towel thoroughly, tests temperature of wet steam towel on inside of wrist, and removes massage product using steam towel safely
- 4.13 Applies toner or astringent safely
- 4.14 Maintains neck strip or towel and drape for protection throughout service
- 4.15 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section
- 4.16 Practices infection control procedures safely throughout service
- 4.17 Maintains work area in a safe manner throughout service

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

5. BLOW DRY STYLING (15 minutes)

Verbal Instructions for Set Up: Read to all candidates:

“You have 2 minutes to remove the supplies from your kit for the blow dry styling section of this examination.”

“Do not begin any procedures until the verbal instructions have been read and you are instructed to begin.”

“Step back to indicate you have finished.”

“You may begin set up.”

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Verbal Instructions:

“You will now perform the blow dry styling section of this examination.”

“Prepare by wetting the top and one side of the head.”

“You will blow dry only the top and one side of the head.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 5.1 Sets up implements that are visibly clean and sanitary
- 5.2 Sanitizes hands **PRIOR** to draping
- 5.3 Uses neck strip or towel and drape
- 5.4 Directs air flow to protect scalp
- 5.5 Controls hair with a brush or comb
- 5.6 Demonstrates drying of hair on top and one side of head
- 5.7 Dries hair from scalp to ends to create volume
- 5.8 Maintains neck strip or towel and drape for protection throughout service
- 5.9 Practices infection control procedures safely throughout service
- 5.10 Maintains work area in a safe manner throughout service

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination. Please do nothing until instructed to do so.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Verbal Instructions: Read to all candidates once examiners have completed assessment for this section:

“All examiners have indicated they are ready to proceed.”

6. THERMAL CURLING (10 minutes)

Verbal Instructions for Set Up: Read to all candidates:

“You have 2 minutes to remove the supplies from your kit for the thermal curling section of this examination.”

“Plug in your curling irons at this time.” (Only applies to states that require hot irons)

“Do not begin any procedures until the verbal instructions have been read and you are instructed to begin.”

“Step back to indicate you have finished.”

“You may begin set up.”

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Verbal Instructions:

“You will now perform the thermal curling section of this examination.”

“You will form three curls on the top of the head and four curls on one side of the head.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 6.1 Sets up implements that are visibly clean and sanitary
- 6.2 Sanitizes hands **PRIOR** to thermal curling
- 6.3 Tests temperature of iron **PRIOR** to applying to hair
- 6.4 Subsections hair same width as barrel of iron
- 6.5 Subsections hair no wider than 3 inches
- 6.6 Establishes a base
- 6.7 Distributes hair evenly around iron
- 6.8 Forms a complete curl
- 6.9 Protects scalp from iron with comb
- 6.10 Forms curl so that the hair is smooth and unmarked
- 6.11 Uses iron safely at all times
- 6.12 Maintains neck strip or towel and drape for protection throughout service
- 6.13 Practices infection control procedures safely throughout service
- 6.14 Maintains work area in a safe manner throughout service
- 6.15 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section
- 6.14

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

7. CHEMICAL WAVING (20 minutes)

Verbal Instructions for Set Up: Read to all candidates:

“You have 2 minutes to remove the supplies from your kit for the chemical waving section of this examination.”

“Do not begin any procedures until the verbal instructions have been read and you are instructed to begin.”

“Step back to indicate you have finished.”

“You may begin set up.”

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Verbal Instructions:

“You will now perform the chemical waving section of this examination.”

“You will wrap the center back section of the head, from crown to nape.”

“Once you are finished or if the timing has elapsed, please step back for instructions to demonstrate saturation and a test curl.”

“You will be instructed to demonstrate saturation.”

“You will be instructed to demonstrate a test curl.”

“Do not remove the perm rods until the examiner instructs you to remove them.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 20 minutes to complete this section.”

“You will be informed when you have 10 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 7.1 Sets up implements that are visibly clean and sanitary
- 7.2 Sets up work area with supplies labeled in English
- 7.3 Sanitizes hands **PRIOR** to subsectioning hair
- 7.4 Subsections hair straight and evenly
- 7.5 Subsections hair no longer than length of rod
- 7.6 Subsections hair same width as rod
- 7.7 Wraps hair evenly and smoothly around rod
- 7.8 Distributes hair evenly across end paper
- 7.9 Extends end papers beyond hair ends
- 7.10 Places bands correctly
- 7.11 Uses same rod base placement throughout section
- 7.12 Wraps hair around rod at least 1½ times

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Verbal Instructions: Read to each candidate individually after all candidates have stepped back or timing has elapsed:

“Please demonstrate saturation.”

- 7.13 Applies cotton and/or protective cream at nape
- 7.14 Wears gloves during application of simulated product
- 7.15 Applies simulated product across length of all rods safely

Verbal Instructions: Read to each candidate individually:

“Please demonstrate a test curl.”

- 7.16 Unwraps rod at least 1 ½ turns and hair is held to relax to demonstrate test procedure

Verbal Instructions: Read to each candidate individually:

“Please step back and do not remove the perm rods until instructed to do so.”

- 7.17 Maintains neck strip or towel and drape for protection throughout service
- 7.18 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section
- 7.19 Practices infection control procedures safely throughout service
- 7.20 Maintains work area in a safe manner throughout service

Verbal Instructions: Read the following to the entire group of candidates after examiners have finished checking all candidates:

“Please remove all rods from the head and brush the hair straight back.”

8. VIRGIN HAIR LIGHTENING AND HAIRCOLOR RETOUCH
(20 minutes, Two 10-minute segments)

Verbal Instructions for Set Up: Read to all candidates:

“You have 2 minutes to remove the supplies from your kit for the hair lightening and haircolor retouch section of this examination.”

“You may begin sectioning the head into 4 equal sections.”

“Do not begin any procedures until the verbal instructions have been read and you are instructed to begin.”

“Step back to indicate you have finished.”

“You may begin set up.”

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Verbal Instructions:

“You will now perform the virgin hair lightening application section of this examination.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 10 minutes to complete the virgin hair lightening.”

“You will be informed when you have 5 minutes remaining.”

“Upon completion, you will step back until instructed to apply the haircolor retouch.”

“You will have 10 minutes to complete the haircoloring retouch.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 8.1 Sets up implements that are visibly clean and sanitary
- 8.2 Sets up work area with supplies labeled in English
- 8.3 Sanitizes hands **PRIOR** to performing the predisposition test
- 8.4 Performs predisposition test with simulated product behind the ear
- 8.5 Divides head into four equal sections
- 8.6 Applies protective cream around hairline
- 8.7 Wears gloves during application of simulated lightener and hair color products

Demonstration of Virgin Hair Lightening Application

- 8.8 Subsections hair 1/4 inch wide or less
- 8.9 Applies simulated product 1/2 inch from scalp
- 8.10 Applies simulated product up to but not including last 1 inch of hair
- 8.11 Completely covers mid shaft with simulated product

Verbal Instructions: Read to entire group if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination. We will now proceed to the next section of the examination.”

Verbal Instructions: Read to entire group if timer goes off:

“Please stop working.”

Demonstration of Haircolor Retouch (10 minutes)

Verbal Instructions: Read to all candidates:

“You have 10 minutes to complete the haircolor retouch section.”

“You will be informed when you have 5 minutes remaining.”

“You may begin.”

- 8.12 Outlines hair color retouch quadrant with simulated product
- 8.13 Subsections hair 1/2 inch wide or less
- 8.14 Applies simulated product on the scalp out to 2 inches
- 8.15 Completely covers new growth with simulated product
- 8.16 Keeps perimeter skin free of product
- 8.17 Maintains neck strip or towel and drape for protection throughout service
- 8.18 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section
- 8.19 Practices infection control procedures safely throughout service
- 8.20 Maintains work area in a safe manner throughout service

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

9. CHEMICAL RELAXING, VIRGIN AND RETOUCH
(20 minutes, Two 10-minute segments)

Verbal Instructions for Set Up: Read to all candidates:

“You have 2 minutes to remove the supplies from your kit for the chemical relaxing section of this examination.”

“Do not begin any procedures until the verbal instructions have been read and you are instructed to begin.”

“Step back to indicate you have finished.”

“You may begin set up.”

Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed.”

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Verbal Instructions:

“You will now perform the chemical relaxing section of this examination.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 10 minutes to complete the virgin relaxer section.”

“You will be informed when you have 5 minutes remaining.”

“Upon completion, you will step back until instructed to apply the relaxer retouch section.”

“You will have 10 minutes to complete the relaxer retouch section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

(First 10-minute segment)

- 9.1 Sets up work area with supplies labeled in English
- 9.2 Sets up implements that are visibly clean and sanitary
- 9.3 Sanitizes hands **PRIOR** to applying protective cream
- 9.4 Applies protective cream around hairline
- 9.5 Wears gloves during application of simulated relaxer product

Demonstration of Virgin Relaxer Application

- 9.6 Subsections hair 1/4 inch wide or less
- 9.7 Applies simulated product 1/2 inch from scalp
- 9.8 Applies simulated product up to but not including last 1 inch of hair
- 9.9 Completely covers mid shaft with simulated product

Verbal Instructions: Read to entire group if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination. We will now proceed to the next section of the examination.”

Verbal Instructions: Read to entire group if timer goes off:

“Please stop working.”

Demonstration of Relaxer Retouch (10 minutes)

Verbal Instructions:

“You have 10 minutes to complete the relaxer retouch section.”

“You will be informed when you have 5 minutes remaining.”

“You may begin.”

- 9.10 Subsections hair ¼ inch wide or less
- 9.11 Applies simulated product starting slightly off scalp, up to 1/4 inch from scalp and out to 2 inches
- 9.12 Completely covers new growth with simulated product

Verbal Instructions: Read to each candidate individually after timing is completed or all candidates have stepped back:

“Please demonstrate smoothing the relaxer retouch product.”

- 9.13 Demonstrates smoothing of subsection in direction of hair growth and cuticle with moderate tension
- 9.14 Keeps perimeter skin free of product
- 9.15 Maintains neck strip or towel and drape for protection throughout service
- 9.16 Practices infection control procedures safely throughout service
- 9.17 Maintains work area in a safe manner throughout service
- 9.18 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section.

Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

CANDIDATE SUMMARY AND FINAL CLEAN UP

Verbal Instructions: Read at the conclusion of the examination:

“This concludes the National Barber Styling Practical Examination.”

“Make sure that all kit supplies and hazardous materials are taken with you.”

“Please do not dispose of hazardous materials or chemicals in the trash receptacles or restrooms.”

SUGGESTED EXAMINATION SUPPLIES

All supplies must be labeled in English. No other languages can be present unless an original manufacturer's label is present. Original manufacturers' labels must be in English but may include other languages. All other created labels must be in English only.

UNIVERSAL SUPPLIES (Also known as General Supplies)

- dry storage kit/container
- hand sanitizer with manufacturer's label
- mannequin head(s) (pre-marked mannequin head(s) are NOT permitted)
- Tripod (to support mannequin head) Width of the tripod base can be no larger than 29"
- EPA-registered, hospital-grade disinfectant with manufacturer's label that demonstrates bactericidal, fungicidal and virucidal properties must be used (non-aerosol)
- astringent or toner
- container labeled "to be disinfected"
- container labeled "soiled linens"
- container labeled "trash"
- cloth towel(s)
- paper towel(s)
- neck strip(s)
- protective drape(s) (child size is appropriate for mannequin)
- hair clip(s)
- comb(s)
- hair brush(es)
- spray bottle with water
- protective cream
- spatula(s)
- protective cotton
- protective gloves
- tape
- first aid kit
- #2 pencil

HAIRCUTTING SUPPLIES

- haircutting shears
- clippers
- comb(s)
- guard(s)

SHAVING SUPPLIES

- shaving cream (non-aerosol)
- straight razor
- wet steam towels

BASIC FACIAL SUPPLIES

- hair drape
- cleanser
- massage product
- astringent or toner
- wet steam towels

BLOW DRY STYLING SUPPLIES

- blow dryer
- spray bottle with water
- hair brush(es)

THERMAL CURLING SUPPLIES

- thermal curling iron with cord attached
- comb(s)
- material for testing temperature of iron

CHEMICAL WAVING SUPPLIES

- chemical wave rods
- end papers
- simulated waving lotion (water)
- comb(s)

HAIRCOLORING AND LIGHTENING SUPPLIES

- tint brush(es) and bowl or bottle applicator
- thick opaque gel or opaque cholesterol
- comb(s)
- hair clips

CHEMICAL RELAXING SUPPLIES

- tint brush(es) and bowl or bottle applicator
- thick gel or colored cholesterol
- comb(s)

BARBER STYLING REFERENCES

PRIMARY REFERENCES

Milady's Standard Professional Barbering, 5th Ed. 2011

Author: Maura Scali-Sheahan, Ed D

Milady

5 Maxwell Drive

Clifton Park NY 12065-2919

www.milady.cengage.com

NIC Infection Control and Safety Standards

Adopted 1998; Revised October 2002, Revised August 2014

National-Interstate Council of State Boards of Cosmetology

[http://nictesting.org/memberinfo/NIC Health & Safety Standards- Aug 2014.pdf](http://nictesting.org/memberinfo/NIC_Health_&_Safety_Standards- Aug 2014.pdf)

SUPPORTING REFERENCES

Milady's Standard Professional Barbering, 2006

Author: Maura Scali-Sheahan

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