Pedicure

SAFETY TIPS

Manicurists and cosmetologists are licensed and regulated in California by the Board of Barbering and Cosmetology. The Board works to ensure that manicurists and cosmetologists follow State law and established infection control standards.

Here are some tips consumers can keep in mind when receiving a pedicure.

BarberCosmo
Board of Barbering & Cosmetology

For questions, comments, or complaints, contact the Board.

BOARD OF BARBERING AND COSMETOLOGY
2420 DEL PASO ROAD, SUITE 100
SACRAMENTO, CA 95834
www.barbercosmo.ca.gov
800-952-5210

STATE OF CALIFORNIA
dca
DEPARTMENT OF CONSUMER AFFAIRS

13-112

BarberCosmo
Board of Barbering & Cosmetology

Pedicure

SAFETY TIPS

See Something

Say Something

www.BarberCosmo.ca.gov

BEFORE YOUR PEDICURE

- Don't shave your legs before your appointment. Shaving makes you more susceptible to nicks and cuts, which are gateways for bacteria.
- If you have broken skin or lesions on your lower legs – DO NOT GET A PEDICURE.

SHOP SENSE

- Make sure the salon you choose to patronize is well ventilated.
- Look around to see if the salon is clean, free of trash, and set up with clean, sanitized tools.
- Make sure the Board of Barbering and Cosmetology's health and safety poster is posted in plain view in the reception area.
- Make sure your nail tech has her manicurist or cosmetology license displayed at her workstation and that it has not expired.

WHILE AT THE SALON

- Ask your nail technician how the foot spas are cleaned. If he or she hesitates or refuses to answer, you may want to consider taking your business elsewhere.
- You have the right to view the pedicure cleaning log. Ask to see it. Make sure the foot spa was cleaned before you receive your service.
- Nail technicians should wash their hands before serving you. If they don't, ask the technician to do so.
- Do not allow any nail products that contain Methyl Methacrylate (MMA) to be used on you. This ingredient can be identified by its strong odor. If you are in doubt, ask your nail tech if the product being used is MMA-free.
- Try to avoid breathing in fumes from nail products. Strong fumes can irritate your eyes, skin, and lungs.
- Never allow a nail tech to use any razor-edged tool to remove a callus. Your nail tech should smooth a callus, not remove it.

REMEMBER – If you **See Something** not quite right **Say Something**, first to your nail tech and then to the salon owner. If there is no resolution, **Say Something** to the Board by calling **800-952-5210**.

Let's work together for a safe, healthy, salon experience.

Ensuring the health and safety of California consumers by promoting ethical standards and by enforcing the laws of the barbering and beauty industry.

If you
See Something
Say Something
www.BarberCosmo.ca.gov