



Chemical Exfoliation

SAFETY TIPS

Cosmetologists and estheticians are licensed and regulated in California by the Board of Barbering and Cosmetology (Board). The Board works to ensure that cosmetologists and estheticians follow State law and established infection control standards.



WHAT IS CHEMICAL EXFOLIATION?

Chemical exfoliation is a process in which an acid solution is used to remove the damaged outer layers of the skin. In performing chemical exfoliation, cosmetologists and estheticians are limited to performing light or superficial chemical exfoliation. It is out of the scope of practice for a cosmetologist or esthetician to perform a medium- or deep-depth peel. To receive these services, you must consult with a dermatologist.

Here are tips consumers should keep in mind when considering a chemical exfoliation service (skin peel).



For questions, comments, or complaints, contact the Board.

BOARD OF BARBERING AND COSMETOLOGY
2420 DEL PASO ROAD, SUITE 100
SACRAMENTO, CA 95834
www.barbercosmo.ca.gov
800-952-5210



WHILE AT THE SALON

- Look around to see if the salon is clean, free of trash, and set up with clean, sanitized tools.
- Make sure your cosmetologist or esthetician has their license displayed at his/her workstation.
- Your technician should wash his/her hands before serving you. If they don't, ask the technician to do so.
- All clean, disinfectable tools should come from a clean, closed container labeled "CLEAN." Ask what disinfection procedures your technician is using. You have the right to know.
- Disposable items such as cotton balls and pads, sponges, and Q-tips should be immediately thrown away after use.
- Your treatment table should be covered with a clean towel or sheet of new treatment table paper.

DO NOT CHEMICALLY EXFOLIATE

- If your skin is irritated, inflamed or you have open wounds.
- Any area that has a rash, recent scar tissue, a recent skin graft, cold sores, moles, warts or pimples.
- Any place you have recently gotten Botox or collagen injections.
- Anywhere that has been waxed or shaved within the past 24 hours.
- Over or around body piercings.
- If you have lupus or AIDS, or you are in cancer therapy getting chemotherapy or radiation.
- If you have been in direct sunlight for a long period of time, used a tanning bed in the past 24 hours, or your skin is sunburned.

WHEN TO BE CAUTIOUS

- If you have recently used skin care products that contain:
 - » Salicylic acid
 - » Glycolic acid
 - » Alpha hydroxyl acids of any kind
- If you have recently received aggressive exfoliation of the skin, such as:
 - » Microdermabrasion
 - » Dermabrasion
- If you have taken prescription medications such as:
 - » Antibiotics
 - » Accutane
 - » Topical ointments (Retin-A or Renova)
 - » Acne medication
- While you are pregnant, or taking birth control, hormone replacement, or antibiotics.
- During this time your skin can be more sensitive. You may consider having your technician perform a patch test before he/she attempts a full service.

AFTER THE SERVICE

It is important to remember chemical exfoliation services can have unfavorable results including, but not limited to: allergic reaction, irritation, burning, redness, scarring, and soreness.

REMEMBER—If you **See Something** not quite right, **Say Something**, first to your skin care technician and then to the salon owner. If there is no resolution, **Say Something** to the Board by calling **800-952-5210** or by filing a complaint online at **www.BreEZe.ca.gov**.

Let's work together for a safe, healthy, salon experience.

Ensuring the health and safety of California consumers by promoting ethical standards and by enforcing the laws of the barbering and beauty industry.

